

# Pearls Of Wisdom

**Hi Everyone!**

**Happy New Year! At Pink Pearl we hope you all had a great holiday Season. We are glad that those who traveled returned safe back home!**

*My family and I had a wonderful Christmas, and Santa was real good to us! **Myself & Tim**, and even boys this time, watched, as we do every year, *The White Christmas* (like the movie), not really believing our eyes as the dream came true! Snow everywhere you go!!!*

*It was awesome!*

***Alex** had to use his crutches to play with snow and tried his best to enjoy the miracle of a white Christmas! Snow is what reminds him about "home sweet home" (Ukraine).*

***Leo**, our buddy (yellow lab), on the contrary, was rolling, and running, and digging, and sliding..., nobody could stop him. He was just like Bambi!*

***Andriy**, has been busy the whole season with wrestling, he is on the starting Varsity Cox HS Team. He traveled to wrestling tournaments: "The Iron Man" in Ohio, and we supported him in "The Beast of the East" in Delaware. We are so proud of him, he had lots of good wins, and he is becoming dangerous.*

*We all had a really good Christmas break!*

**As** we start the new year, **refreshed and renewed**, we are starting our monthly newsletters. The "Pearls of Wisdom" will inform you about everything that is going on at Pink Pearl. We encourage you to join us and if you have something interesting to share, please, do so.

**Attention!**

## **Student of the Month!**

Every month we are going announce A Student of the Month

The winner will receive a *Diploma* and a *Pink Pearl T-Shirt*

### Criteria:

- Attendance
- Positive attitude
- Good sportsmanship
  - Respect
  - Hard work
  - Dedication
  - Appearance

## *Pink Pearl News*

Please, check out our new websites:

[www.pinkpearlgymnastics.com](http://www.pinkpearlgymnastics.com)

[www.lifebalanceworks.com](http://www.lifebalanceworks.com)

Dear Parents,

We were thinking how we can make our service better for you and your kids. We would like to announce that we are opening Gymnastics and Cheerleading Teams. And believe me; you will love what we have to offer.

Gymnastics Team Training	Cheerleading Team Training
Monday, Wednesday @ 4:30 to 6:30	Tuesday, Thursday @ 4:30 to 6:30
Saturday @ 12:30 to 2:30	Saturday @ 12:30 to 2:30

We have new Annual Membership Rates available:

Silver Package

Golden Package

*Pink Pearl* Package

The rates, you will not believe!

## *Health & Fitness*

We are so excited to announce that we are *expanding in Health and Fitness programs* and we created a new website where we talk about our Life Balance Triangle:

### **Fitness - Nutrition - Weight**

- How to find your Life balance?
- How to feel healthy and in great shape again?
  - As it used to be...
  - Slim, toned, and full of energy!
- Our preference is that you adopt an exercise program into your daily schedule
  - At least three times a week
- The best combination of aerobic and anaerobic type of exercise
  - No more exhausting, boring trainings
- Alternating short, intense sessions with brief recovery times
  - Benefits become evident almost immediately
  - You can see results as soon as two weeks
- Reach your **Right Weight** with Exciting and Fun workouts
  - Plans available:

**Weight Loss - Weight Maintenance - Weight Gain**

[www.lifebalanceworks.com](http://www.lifebalanceworks.com)

## **Make The Revolution Happen!**

# In God We Trust

At Pink Pearl we think that a person grows not only physically, but spiritually as well. As you well know; who we are and who we put our trust in. So we decided to start the series about different topics.

We hope you will enjoy the pearls of wisdom.

## **Introduction:**

What a remarkable opportunity you have! Imagine becoming a wise, knowledgeable, and discerning person - whether you have one, two, or zero degrees. Regardless of your age, position, or season, you are invited to walk and learn from the source of all wisdom, God himself. He knows you better than you know yourself, and he cares - about your secret dreams, financial struggles, career woes, and family dynamics. Pearls of Wisdom are picked from "*Everyday Wisdom*" to help you develop a richer relationship with our awesome God and give you a glimpse of His knowledge on the life topics that concern you. Our prayer is that while reading his words, you'll grow to recognize your options, make wise daily choices, and take intentional action.

## Aging

### *Aging*

The ways of right-living people glow with light; the longer they live, the brighter they shine.

PROVERBS 4:18 MSG

Aging isn't for wimps! It's true. Whether you're twenty-five or seventy-five, there are probably things about getting older that you don't appreciate. Extra pounds. Hormone imbalances. Another gray hair. Yet, as a God-honoring woman, you probably have one thing that only grows more beautiful and amazing with age—a heart of wisdom. The longer you live and the more wisdom you accumulate, the brighter your influence. So congratulate yourself. You're not a wimp, you're a star.



The glory of the young is their strength; the gray hair of experience is the splendor of the old.

PROVERBS 20:29 NLT

The expression "Generation Gap" became popular in the 1960s, although it probably existed in some uncoined sense throughout history. Young people don't get their grandparents, and the over-fifty crowd can't figure out their juniors. Some sense a standoff. But the truth is, there is beauty on both sides of the gap. Young people possess stamina and a lust for life, while those who've been around awhile are reservoirs of experience and wisdom. In God, we are glorious at any age.





Yes, **we are** the people that is referenced in that all important "We the People" document.

As a foreigner in this country (soon to be citizen) I can tell you of the world outside of America, where "We The People" Really does not amount to much. Everyone has a right to speak their mind, thoughts, and desires, even seek to pursue their own happiness in this country, all you have to do is dream, and then follow through with some hard work. Those unafraid of hard work can watch their dreams come true. As in anything worth doing, it starts with doing, and doing it with all of your heart and soul.

We The People of Pink Pearl believe what we are doing is helping others do what they desire. Join us monthly for our We're the people section as we strive to do our part in keeping this nation great!

*Here is a story about one amazing woman who was not afraid to take a stand...*

Article prepared by Margaret Weaver

Although we may as citizens feel critical of the actions of our own government at times, it would behoove us to remember that persons in other countries still lose their lives attempting to implement and maintain democratic ideals. Our freedom is to be appreciated, and our participation without fear of death in our democratic processes is something to be appreciated and preserved.

[http://en.wikipedia.org/wiki/Anna\\_Politkovskaya](http://en.wikipedia.org/wiki/Anna_Politkovskaya)

One example of someone who lost their own life for honest reporting about her government's actions is Anna Stepanovna Politkovskaya ([Russian](#): Анна Степановна Политковская; 30 August 1958 – 7 October 2006). She was a Russian [journalist](#), author and [human rights activist](#) well known for her opposition to the [Chechen conflict](#) and then-President of Russia [Vladimir Putin](#). On 7 October 2006 she was shot dead in the lift of her block of flats, an unsolved assassination that continues to attract international attention.

Politkovskaya made her name reporting via a Russian newspaper well-known in the country for its critical and investigative coverage of Russian political and social affairs. She described herself as somebody who describes the life of the citizens for those who cannot see it for themselves, because what is shown on television and written about in the overwhelming majority of newspapers is emasculated and doused with ideology.

In numerous articles, Politkovskaya described alleged abuses committed by Russian military forces, Chechen rebels, and the Russian-backed government. She also chronicled human rights abuses and policy failures elsewhere. In one characteristic instance she not only wrote about the plight of an ethnically mixed old people's home under bombardment in Grozny in 1999 but with the aid of her newspaper and public support helped to secure the safe evacuation of its elderly inhabitants.

In her writings, she accused the Russian secret service, [FSB](#), of stifling all civil liberties in order to establish a Soviet-style dictatorship. In response, her life was threatened on numerous occasions, and in one instance she survived a near fatal poisoning. Despite the constant death threats, she fearlessly continued to write honest and open accounts of the abuses of government in her country.

Her murder remains unsolved, but is widely believed to have been government retaliation for her reporting of its abuses.